

INTEGRITY SERIES

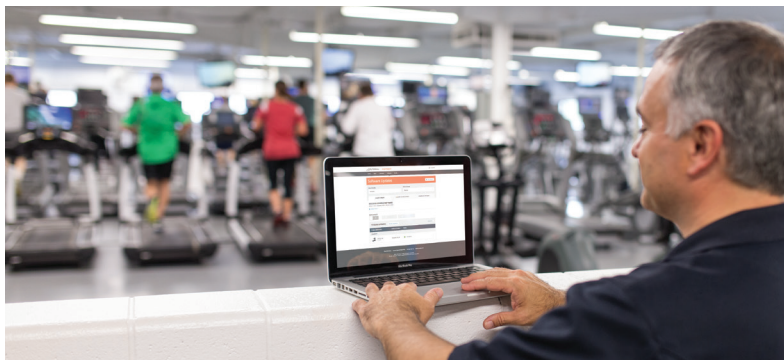
SX TREADMILL

The Integrity Series is rooted in more than 20 years of reliability and innovation. Continuous innovation and improvement ensures that this workhorse cardio line remains a trusted fixture in facilities around the world.



INTEGRITY X CONSOLE

Offers a clean look and intuitive 7" touchscreen. Advanced, but easy to use, workouts as well as Bluetooth® and NFC connection keep exercisers engaged. Speed and incline adjustment buttons are easily accessed during a workout.



LFCONNECT DIGITAL SOLUTIONS

Detailed equipment data offers valuable insight into exerciser habits, staffing needs and equipment layout suggestions. LFCconnect™ Protect digital service allows Life Fitness service professionals to proactively monitor equipment and alert you to issues or preventive maintenance needs. Wireless connection lets you take advantage of these LFCconnect solutions.



Life Fitness

BASE FEATURES



FLEXDECK SHOCK ABSORPTION SYSTEM
Reduces knee and joint stress by up to 30% more than non-cushioned surfaces. Eight incredibly durable Lifespring™ shock absorbers deliver consistent cushioning.



SWING FREE AREA
Open space near the console enhances comfort by providing more room for both runners and walkers.



ROOM TO RUN
A low step-up height of just 8" and a wide running surface of 22" are inviting to both experienced runners and new exercisers.

KEY | • STANDARD ○ OPTIONAL¹

CONSOLE SPECIFICATIONS	
Screen type	7" LCD
Touch screen	•
Tactile controls	•
Wireless connectivity	•
USB charging port	•
Software updates (wireless or USB)	•
Device holder/reading rack	•

DISPLAY SPECIFICATIONS	
Language choices	19*
Display: Time, Incline, Speed, Distance, Heart Rate, Calories	•
Expanded Display Metrics: Time Elapsed, Distance Climbed, Cal/Hr, METs, Watts, Avg HR, Max HR, Time in Zone, Avg Speed	•
Polar Telemetry Compatible (optional chest strap required)	•
LifePulse Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•

DEVICE INTERACTIVITY	
QR Code	•
Bluetooth connectivity (device & HR strap)	•
NFC	•
RFID	○

WORKOUTS	
Manual, Quick Start, Hill, Random	•
Time Goal, Distance Goal, Calories Goal, Heart Rate Goal, Rolling Hills, Speed Interval, Incline Interval	•
Workout Replay (repeat a previous workout)	•
Trending Workouts (trainer designed, auto-refresh workouts)	•
Workout Performance History (view performance trends on last 10 workouts)	•

ENTERTAINMENT	
Attachable TV	○
MyE integrated receiver	○
Entertainment control pad (headphone jack, volume & channel controls)	Required for Attachable TV & MyE

DIGITAL SOLUTIONS	
LFconnect asset management	•
LFconnect Protect remote equipment monitoring	•

WARRANTY**	
Mechanical	2 Years
Labor	1 Year
Cosmetic items	6 Months
Attachable TV mechanical and electrical parts	2 Years
Attachable TV labor	90 Days
Frame and motor	7 Years

BASE FEATURES	
DX3™ Belt and Deck System (belt tracking system)	•
FlexDeck 2.0 Shock Absorption System (8 Lifespring shock absorbers)	•
Speed Range: 0.5-14 mph (0.8-23 kph)	•
Rollers: 3.5" (9 cm) precision crowned steel rollers, front and back	•
Incline	0% - 15%
Motor System 4 HP AC peak performance motor (4 hp peak performance, IE2 efficiency rated at 2 hp)	•
Side handrails	16" (41 cm)
Removable locking cup holders	2
Integrated accessory tray	•

FRAME	
Plastic lower side rails and end caps	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical-resistant coating)	•
Arctic Silver frame	•

TECHNICAL SPECIFICATIONS	
Running surface	22 x 60" (56 x 152 cm)
Step-up height	8" (20 cm)
Max user weight	400 lbs (181 kg)
Length	82" (209 cm)
Width	36" (92 cm)
Height	56" (142 cm)
Unit weight	425 lbs (193 kg)

POWER REQUIREMENTS	
All treadmills should be installed with a dedicated electrical circuit - line, neutral, ground (a single circuit breaker for each treadmill)	Consult the installation manual
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	•
Japan: 100V, 20A or 200v, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	•

¹ Optional features are available with the purchase of an attachable TV at an additional charge.
* English US, English UK, Spanish, German, Japanese, Dutch, Simplified Chinese, Traditional Chinese, Portuguese, Italian, French, Russian, Korean, Turkish, Polish, Finnish, Hungarian, Arabic, Catalan
** Warranties outside the U.S. may vary. Specifications subject to change.

